

YVAPE is a free educational program with phone or video coaching support for students who have been using nicotine and/or marijuana at school. YVAPE is available to California public schools who enroll students instead of alternative disciplinary action for using nicotine and/or marijuana at school. YVAPE is designed to provide a positive experience for the student and help them think through their nicotine and/or marijuana use.

How does YVAPE work?



Enrollment

- The student is found using nicotine or marijuana at school and chooses to participate in YVAPE.
- The student and parent/guardian (of students 12-17 years old) provide the school with signed consent forms.
- The school enrolls the student in YVAPE via www.yvape.org.



The Program

- **Initial Call:** A YVAPE coach will call the student for their first session (≈15 mins) where they will talk with the student about vaping.
- **Videos and Discussion:** The student will watch the YVAPE videos and is encouraged to discuss questions about the video topics (≈15-30 mins) with their parent/guardian or YVAPE coach.
- **Follow-up Call:** A YVAPE coach will call the student at the scheduled time for their follow-up session (≈10 mins) where they will talk about the videos and discussion questions.
- **Survey:** The student will take a short follow-up survey (≈5 mins) to give feedback on YVAPE.



Completion

- The school and parent or guardian will be notified when the student completes the program and the student will receive a certificate of completion.

About Us

- YVAPE is operated by Kick It California at UC San Diego and is funded by the California Department of Education.
- Kick It California (formerly known as the California Smokers' Helpline) began in 1992, and is staffed with caring, trained professionals. YVAPE is a new program, but it is run by the same dedicated staff.

We're here to help!

For more information visit the YVAPE website www.yvape.org, talk with your school, or email yvape-support@health.ucsd.edu.