



# THINKING ABOUT QUITTING MARIJUANA?

Funded by the California Department of Public Health

## Talk with a coach who will listen and support you.

Kick It California provides free one-on-one coaching for youth who use marijuana. Our coaches offer a safe and supportive space to talk about why you use marijuana and how it may impact your life. Everything shared will be kept private.

**THIS FREE PROGRAM IS FOR  
CALIFORNIANS AGES 13-29**

### KICK IT CA WILL



Help you identify why you use marijuana & if quitting is right for you



Help you make a quit plan that works



Check in with you to offer support

Did you Know?  
**Most California teens**

 **9/10** 

**DON'T**  
use marijuana.



Ready to quit? Scan the code.  
[kickitca.org/quit-marijuana](https://kickitca.org/quit-marijuana)