Youth Vaping Alternative Program Education (YVAPE)
Passive Consent to Participate in this Program
Opt Out Form

Who is offering the program? Shu-Hong Zhu, PhD, and associates at UC San Diego are offering YVAPE to help students who were found with or under the influence of nicotine and/or marijuana at school. YVAPE is funded by the California Department of Education and California Department of Public Health.

What will happen to me in this program?

1. **Videos & Discussion** – watch at least three online videos (2-5 minutes each) and complete 4-5 discussion questions with a supportive adult or trusted friend before your Core Coaching Call (15-30 mins).
2. **Core Coaching Call** – a YVAPE coach will talk with you about nicotine and/or marijuana and the videos (30-45 mins).
    a. The student will receive a certificate of completion.

What optional activities does the program offer?

1. **Optional Additional Support Calls** – if you'd like extra support with substance use and the opportunity to build social-emotional skills, you can request an additional follow-up call (20-30 mins).
2. **Optional Evaluation** – if you consent to be contacted for evaluation during your Core Coaching Call, a couple months later you will receive the option to complete a few questions about your substance use and experience with YVAPE for a $10 gift card (5-10 mins).

You will receive calls, emails, and texts from YVAPE. Depending on your phone plan, there may be a cost to receive text messages. To stop getting texts at any time, just reply STOP. If we cannot reach you for your coaching call, we may try calling your parent's or guardian's phone (if you are 12-17 years old).

All calls are audio recorded for quality assurance. Access is restricted to those that have a job related need to listen to the recordings.

What risks are associated with this program?

- You may feel some discomfort talking about your experiences with nicotine and/or marijuana.
- Although we remove any information that could identify you before we analyze data and we follow procedures to securely store and handle all sensitive information, there is possible loss of privacy if someone were to break into the database.

What benefits can I expect? You might benefit from the following:

- Participation may prevent you from being suspended from school or meet your school's alternative means of discipline efforts.
- You may learn about the harms of nicotine and/or marijuana and receive help with cessation.

Can I quit the program after I start? Participation in this program is entirely voluntary. You may withdraw at any time. If you choose not to participate, your school might follow its standard practices for students found using nicotine and/or marijuana at school.

Will you keep my records confidential? Records will be kept confidential to the extent allowed by law. School staff will not be informed of what was discussed with your YVAPE coach. However, YVAPE will inform the school of your completion status.

Participation

If you do not return this form, you agree to participate. Upon enrollment, you and your parent or guardian (if you are 12-17 years old) will receive an email with more details regarding participation.

If you do not want to participate in YVAPE, please sign and complete the information below and return to your school as soon as possible.

_____ _____
Student's Full Name Parent/Guardian's Full Name – *if student is 12-17 years old*

_____ _____
Student's Signature Parent/Guardian's Signature – *if student is 12-17 years old*

_____ _____
Student's Email Address Parent/Guardian's Email Address – *if student is 12-17 years old*

_____ _____ _____ _____
Student's Phone Number Date Parent/Guardian's Phone Number Date

_____
Student's Date of Birth

_____
School Name

Contact yvape-support@health.ucsd.edu for any YVAPE related questions.