

**Youth Vaping Alternative Program Education (YVAPE)  
Consent to Participate in this Program**

**Who is offering the program?** Shu-Hong Zhu, PhD, and associates at UC San Diego are offering YVAPE to help students who were caught using nicotine and/or marijuana at school.

**What will happen to me in this program?**

1. **Initial Call** – a YVAPE coach will talk with you about nicotine and/or marijuana (15-20 mins).
2. **Videos & Discussion** – watch a series of online videos and talk with your parent or guardian or YVAPE coach about them (30-45 mins)
3. **Follow-up Call** – a YVAPE coach will talk with you about the videos (5-10 mins)
4. **Online End of Program Questions** – answer a few questions online about your experience in YVAPE (5 mins)

All health and health-related information contained within the YVAPE program is intended to be general in nature and should not be used as a substitute for medical treatment by a healthcare professional. Your healthcare provider should be consulted regarding matters concerning the medical condition, treatment and needs of you and your family.

You will receive calls, emails, and texts from YVAPE. Depending on your phone plan, there may be a cost to receive text messages. To stop getting texts at any time, just reply STOP. If we cannot reach you for your coaching call, we may try calling your parent’s or guardian’s phone.

All calls are audio recorded for quality assurance. Access is restricted to those that have a job related need to listen to the recordings. Recordings are automatically deleted after one year, but with students’ consent a small number of calls may be retained for training purposes.

**What risks are associated with this program?**

- You may feel some discomfort talking about your experiences with nicotine and/or marijuana.
- Although we remove any information that could identify you before we analyze data and we follow procedures to securely store and handle all sensitive information, there is possible loss of privacy if someone were to break into the database.

**What benefits can I expect?** You might benefit from the following:

- Participation may prevent you from being suspended from school or meet your school’s restorative justice efforts.
- You may learn about the harms of nicotine and/or marijuana.
- YVAPE is not a cessation service, but if you want to quit using nicotine and/or marijuana, the program can provide you a referral.

**Can I quit the program after I start?** Participation in this program is entirely voluntary. You may withdraw at any time. If you choose not to participate, your school might follow its standard practices for students caught using nicotine and/or marijuana at school.

**Will you keep my records confidential?** Records will be kept confidential to the extent allowed by law. School staff will not be informed of what was discussed with your YVAPE coach. However, YVAPE will inform the school of your completion status.

**Your Signature and Consent**

By signing your name, you agree to participate. If you are 12-17 years old, your parent or guardian also needs to sign to provide permission for you to participate. Upon enrollment, you and your parent or guardian will receive an email with more details regarding participation.

**Please select age:**  I am 12-17 years old     I am 18 years or older

\_\_\_\_\_  
Student’s Full Name

\_\_\_\_\_  
Parent/Guardian’s Full Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent/Guardian’s Signature – *if student is 12-17 years old*    Student’s

\_\_\_\_\_  
Student’s Email Address

\_\_\_\_\_  
Parent/Guardian’s Email Address

\_\_\_\_\_  
Student’s Phone Number                      Date

\_\_\_\_\_  
Parent/Guardian’s Phone Number                      Date

\_\_\_\_\_  
School Name

Contact [yvape-support@health.ucsd.edu](mailto:yvape-support@health.ucsd.edu) for any YVAPE related questions.