

YVAPE can help! *FREE* alternative to suspension program!

Helping schools hold students accountable while supporting behavior change.

YVAPE Youth Vaping Alternative Program Education

HOW DOES YVAPE WORK?



WHO WE ARE

YVAPE is a **FREE** educational intervention program with phone and video coaching support for students who have been found with or under the influence of nicotine and/or marijuana at school.

YVAPE is available to...

- » California public schools
- » Students 12 years and older
- » Offered in English and Spanish



REFER YOUR STUDENTS

Scan the QR CODE to access the secure web referral form or visit yvape.org

CONTACT US

Web: www.yvape.org

Phone: 858.300.1023

Email: yvape-support@health.ucsd.edu

© 2024 YVAPE is operated by Kick It California at UC San Diego and is funded by the California Department of Education.



ENROLLMENT

- » The student is found with or under the influence of nicotine and/or marijuana at school.
- » The student and parent/guardian (of students 12-17 years old) provide the school with verbal consent for participation.
- » The school enrolls the student in YVAPE via yvape.org.



PROGRAM

- » **Initial Call:** The first session (15-20 mins) covers nicotine and marijuana use.
- » **Videos and Discussion:** The student will watch at least three videos and will discuss questions (15-30 mins) with their parent/guardian, school staff, or YVAPE Coach.
- » **Follow-up Call:** The follow-up session (10-15 mins) covers changes in their substance use behavior, the videos, and discussion questions.
- » **Optional Check-in Call:** Extra coaching session to provide support to the student at their request.



BENEFITS

- » Easy online enrollment system
- » Flexible, can be utilized during or outside of school hours
- » Students' chances of quitting nicotine and marijuana improve
- » Ability to check student progress