YVAPE can help! alternative means of correction program!

Helping schools hold students accountable while supporting behavior change.





WHO WE ARE

YVAPE is a **FREE** educational intervention program with phone and video coaching support for students who have been found with or under the influence of **nicotine** and/or **marijuana** at school. YVAPE is available to:

YVAPE is available to...

- » All California schools
- » Students 12 years and older
- » Offered in English and Spanish



ENROLLMENT

- The student is found with or under the influence of nicotine and/or marijuana at school.
- » The student and parent/guardian (of students 12-17 years old) provide the school with verbal consent.
- The school enrolls the student in YVAPE via yvape.org.

Web: www.yvape.org Phone: 858.300.1023

Email: yvape-support@health.ucsd.edu

© 2025 YVAPE is operated by Kick It California at UC San Diego and is funded by the California Department of Education and California Department of Public Health.





Scan the OR CODE to access the



PROGRAM

- **»** Initial Call: The IC (20-30 mins) covers substance use and goal setting.
- » Videos and Discussion: Watch at least three videos and use the discussion guide (15-30 mins).
- **»** Follow-up Call: The follow-up call (10-15 mins) covers changes in substance use and the videos.
- » Optional Check-in Call: Extra coaching session to provide support (5-10 mins).
- » Referral to Kick it California (KIC): YVAPE students can be referred to KIC during their follow-up call for help quitting.
- **»** Optional 3-month Evaluation: Students who consent for eval will be contacted to answer questions about their substance use (5-10 mins; \$10 gift card).
- » Re-referral to YVAPE: Students will receive extra modules on triggers, strategies, and stress management.



BENEFITS

- » Easy online enrollment system
- » Flexible, can be utilized during or outside of school hours
- » Students interact with substance use trained coaches
- » Students' chances of quitting nicotine and marijuana improve
- » Provides follow-up on student progress.